



VOCAL

ROOTS LEVEL



TECHNIQUE:

- Demonstrate proper singing posture (Back straight, shoulders down, relaxed neck and jaw, feet under shoulders, relaxed knees)
- Demonstrate proper breathing techniques (Relaxed neck, jaw and shoulders, breathe deeply without raising shoulders, connect breath to the production of sound)
- Demonstrate the ability to participate in vocal warmups
- Demonstrate ability to produce a clear tone with your voice
- Demonstrate understanding of the difference between chest voice and head voice
- Dynamics – p, mf, f, etc.

INTERVALS/SCALES:

- Demonstrate knowledge of Solfege syllables (do-re-mi-fa-so-la-ti-do)
- Demonstrate ability to sing a major scale with and without solfege
- Demonstrate understanding of what a pitch is
- Demonstrate ability to match pitch with another singer (unison)
- Demonstrate ability to hear an interval and echo sing it back

RHYTHM AND MUSICIANSHIP:

- Demonstrate ability to read and sing whole, half, quarter note rhythm's and rests
- Understand and demonstrate ability to follow basic song structure: (intro, verse, chorus, bridge, etc.)
- Name the musical alphabet (A,B,C,D,E,F,G,A,B....)
- Demonstrate ability to sing a round with a group

SCALES:

- Demonstrate ability to sing from memory the lyrics to 3 songs
- Demonstrate ability to sing from memory the melody to 3 songs

RHYTHM:

- Demonstrate comfort and ability in singing into a standing mic, and adjusting stand properly.
- Perform in at least one Student Concert

PERFORMANCE:

- Demonstrate Understanding of basic vocal vocabulary: (Posture, breath support, vowels, consonants, diction, resonance, tone, pitch, melody, lyrics, verse, chorus, bridge, chest voice, head voice, falsetto, interval)



VOCAL ROCKERS LEVEL



PREREQUISITE:

- Complete and demonstrate benchmarks from Vocal Roots.

TECHNIQUE:

- Range expansion techniques (warm ups)
- Demonstrate proper diction (warm ups)
- Choose an appropriate song based on your range
- Demonstrate head, chest, nasal and blended voices (belt depending on age)
- Ability to project without tension

INTERVAL SCALES:

- Use solfege to sing basic intervals
- Demonstrate ability to sing major and minor scales
- Demonstrate ability to identify and sing whole and half steps relative to a root pitch (above and below)
- Demonstrate ability to identify and sing an octave relative to a root pitch
- Demonstrate ability to identify and sing Major and Minor 3rds relative to a root pitch
- Demonstrate ability to identify and sing a Perfect Fifth relative to a root pitch

RHYTHM AND MUSICIANSHIP:

- Demonstrate understanding of sheet music markings such as bar lines, double bar lines, repeats
- Demonstrate the ability to sight sing a simple melody with a group
- Learn the Treble Clef
- Demonstrate understanding of key signatures
- Demonstrate ability to navigate a basic lead sheet
- Demonstrate ability to sing a part in a 2 part harmony

MEMORIZATION:

- Demonstrate ability to sing a solo
- Demonstrate ability to sing from memory the harmony to 3 songs



VOCAL ROCKERS LEVEL



PERFORMANCE:

- Demonstrate ability to count the group into a song
- Demonstrate ability to adjust distance to the mic based on voice volume
- Ability to adjust microphone stand to correct height
- Perform in at least one Student Concert

MUSIC CONCEPTS/VOCABULARY:

- | | | |
|--|--------------------------------------|--|
| <input type="checkbox"/> Note Values | <input type="checkbox"/> Repeat | <input type="checkbox"/> Tempo |
| <input type="checkbox"/> Treble Clef | <input type="checkbox"/> Rounds | <input type="checkbox"/> Dynamics |
| <input type="checkbox"/> Intervals | <input type="checkbox"/> Lead Sheet | <input type="checkbox"/> Vocal Placement |
| <input type="checkbox"/> Bar Lines | <input type="checkbox"/> Chord Chart | <input type="checkbox"/> Key Signatures |
| <input type="checkbox"/> Measure | <input type="checkbox"/> Harmony | |
| <input type="checkbox"/> Double Bar Line | <input type="checkbox"/> Solo | |